



## BBS Quiz



Name: \_\_\_\_\_

Date: \_\_\_\_\_

1. Behavior Based Safety is:
  - a. A process of enforcing safety rules
  - b. A process of involving workers in defining the ways they are most likely to be injured
  - c. A process reporting someone to management
  
2. Safety is a shared responsibility:
  - a. True
  - b. False
  
3. Systems Approach Requires Attention to which areas:
  - a. Work environment
  - b. Behavior
  - c. People
  - d. All of the above
  
4. What is the purpose of Safety Coaching?
  - a. Identify & reinforce safe behaviors.
  - b. Identify opportunities for injury.
  - c. Communicate the risk.
  - d. Help to identify a safe alternative.
  - e. All of the above
  
5. Who benefits the most from Safety Coaching?
  - a. The person being coached
  - b. The person doing the coaching
  - c. The organization that cares enough to encourage the coaching
  - d. All of the above
  
6. Becoming a skilled observer does not take any training and/or practice:
  - a. True
  - b. False
  
7. What will be an appropriate length of time to observe and coach someone:
  - a. 30 seconds
  - b. 1-4 minutes
  - c. 5 to 10 minutes
  - d. all day
  
8. How many BBS are you suppose to do a week
  - a. None
  - b. 1
  - c. 5
  - d. 4
  
9. When filling out a BBS form you should write your name, last name and Period/Week in a legible manner to get credit for your BBS
  - a. True
  - b. False



## BBS Quiz (KEY)



Name: \_\_\_\_\_

Date: \_\_\_\_\_

1. Behavior Based Safety is:
  - a. A process of enforcing safety rules
  - b. A process of involving workers in defining the ways they are most likely to be injured
  - c. A process reporting someone to management
  
2. Safety is a shared responsibility:
  - a. True
  - b. False
  
3. Systems Approach Requires Attention to which areas:
  - a. Work environment
  - b. Behavior
  - c. People
  - d. All of the above
  
4. What is the purpose of Safety Coaching?
  - a. Identify & reinforce safe behaviors.
  - b. Identify opportunities for injury.
  - c. Communicate the risk.
  - d. Help to identify a safe alternative.
  - e. All of the above
  
5. Who benefits the most from Safety Coaching?
  - a. The person being coached
  - b. The person doing the coaching
  - c. The organization that cares enough to encourage the coaching
  - d. All of the above
  
6. Becoming a skilled observer does not take any training and/or practice:
  - a. True
  - b. False
  
7. What will be an appropriate length of time to observe and coach someone:
  - a. 30 seconds
  - b. 1-4 minutes
  - c. 5 to 10 minutes
  - d. all day
  
8. How many BBS are you suppose to do a week
  - a. None
  - b. 1 (for technicians)
  - c. 5 (for resources)
  - d. 4
  
9. When filling out a BBS form you should write your name, last name and Period/Week in a legible manner to get credit for your BBS
  - a. True
  - b. False